



Bishop Ho Ming Wah Association & Community Centre

Registered Charity No.290398

To enhance & improve the quality of life of all residents, particularly Chinese, in London

September 2023

Dear BHMWA Members & Friends

It's great to see so many of you attending the recent celebration of Mid-Autumn Festival. We are pleased to announce that from October the Community Centre will open on Saturdays on a trial basis. The new activities in the next quarter include classes on Yoga and Chinese painting, plus several special events. Hope you can find some activities that will be of interest to you.



Mid-Autumn Festival Lunch (Sep 23)

The independent examination of the Association's financial statements was completed. After two years of working under the pressure of financial constraints post-COVID, we faced a new challenge of high costs of living. In the 12 months to 31 March 2023, the Association incurred an operating deficit of £26,344. We shall give an update of what we have achieved and what we plan for future development at the forthcoming Annual General Meeting (AGM).

Where the money came from:		What the money was spent on:	
Donations	16,191	Staff costs & premises costs	61,224
Charitable activities	16,276	Expenses on activities	11,726
Investment income	5,743	Governance costs & office expenses	2,600
Other income	10,996	Total Expenditure	£75,550
Total Income	£49,206	2022/23 Operating Deficit = £26,344	

Unfortunately the switching to a new bank account has taken a lot longer than expected. Please accept our apology for the inconvenience so caused. We'll notify you once the new account is up and running. Thank you for your patience and understanding.

We would like to acknowledge the contributions of our staff and supporters in helping us through a difficult year. Special thanks to Alastair Anson and Craig Norman, who stepped down as trustees after 30 years and 5 years of service respectively.

Alice Chan, Chair of BHMWA Council

Christmas Closure
22 Dec 2023 – 3 Jan 2024



Resume on Thursday, 4 January

Invitation to AGM of Association Members
Saturday 27 January 2024, BHMWA Centre

11:30am AGM for Voting Members
1:00pm Lunch
1:30pm Entertainment and group activities

R.S.V.P. 12 January



To everyone who has supported us financially, and those who volunteered with us from April 2022 to August 2023.

Bishop R O Hall Legacy Fund	M K Monument	Mei Ping Ling	Yuet Lan Hui
Sin Family in memory of King	Leslie MEN	Wai Hong Chow	Jane Hsia
Mr and Mrs Peter Chong	June Brook	Mandy Kwok	Nancy Ang
In memory of late W.C. Li	Lam Ting Luk Lam	William Lee	Lin Ying Hui
Cmdr Alastair Anson	Penny Robbins	Shirley Ng	Serena Lee
Tom and Valerie Cummins	Sau Chun Chan	Chi Kai Lee	Ching Wan Liu
Mr & Mrs Fu Hen Wong	Mr & Mrs S.K. Liu	Mooi Lam	Kenneth To
St Paul's College	Michelle Wu	Florence Lam	Monita Chan
Teresa & Sandra Ng	Mei Fong Chan	Wan Hang Yeung	Lily Wong
In memory of Mr. Lam	Michael Tong	Nicole To	Stephen San
Yuk Mui Chan	Wai Chan Chan	MER64	Hui Sum Yap
LCCO Ltd	King Yu Tsang	Christina Ho	Anna Lee
Dr Angela Anggiansa	Pierrette Bolton	Albert Lam	Revd Paul Lau
Fontaine & Charles Li	Popei Lee	Diana Monger	Ivy Yau
Xiu Qiong Mai	Judith and Ronald Lo	Ming Hee Chan	Janet Tang
Eugene Ling	Revd Dr Sam Wells	Debbie Bondi	Lisa Su
Eliza Kwong	Bob Demming	Craig Norman	Alice Chan
Anonymous	殷琦侃中醫師	中醫藥研究所	<i>Not in any order</i>

Special Events at the Community Centre



Autumn Walk: The Friars Aylesford Priory

Date: Wednesday, 18 October

Meeting point: 10.30am at Platform 3-7 Victoria Train Station

Fee: £18 per person or £13 (with Freedom Pass)

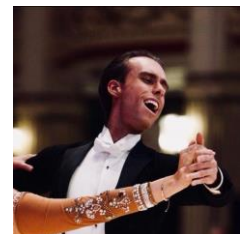
Please bring your own lunch or eat at The Friars café.

Latin Masterclass with Mr Konstantin Runkovsky

Date & time: Friday, 3 November from 3pm to 4pm

Fee: £5 per person; Guests pay £8; Observers pay £3

Besides demonstrating dance moves, Mr Runkovsky will offer advice to individual participants on how to improve their techniques.



Christmas Fundraising Lunch at Chinatown

Date & Time: Friday, 8 December 2023 at 1:00pm

Venue: New Loon Fung Restaurant, 42-43 Gerrard Street, London W1D 5QG (Phone 02072879026)

Menu: Selection of Cantonese Dim Sum, BBQ roast pork & roast duck, stir-fry vegetable, special fried rice and rice noodle.



Charges: £30 per head



Opening Hours

11am to 4pm, Tuesdays, Thursdays and Fridays

Phone: 020 7766 1141

Mobile: 078346 11610 Edith Lau

WhatsApp: +44 78346 11610

Email: enquiry@bhmwa.com

Regular Activities at the Community Centre



★ **New:** Chinese Painting for Beginners

Tutor: Mr. T M Chan

Date & Time: Tuesdays, 1.30pm – 3.30pm from 17 October

Fee: £13 per session; Guests pay £14

Materials: Bring your own ink, brushes and paper

★ **New:** Yoga for Everyone (two classes)

Tutor: Ms. Lynn Mok

Date: Saturdays from 21 October

Time: 10am – 11am (Class A); 11:10am – 12:10 (Class B)

Fee: £5 per session; Guests pay £6



Latin Fun

Tutor: Ms. Janet Tang

Date & Time: Fridays, 3pm – 4pm

Fee: £4 per session



Line Dancing

Tutor: Mr. Stewart Bush

Date & Time: Tuesdays, 12 noon – 1pm

Fee: £4 per session

Sketching & Watercolour

Tutor: Mr. David Dai

Date & Time: Thursdays, 2:15pm – 4:15pm

Fee: £15 per session



Chinese Calligraphy

Tutor: Mr. S C Yau

Date & Time: Thursdays, 12:30pm – 2pm

Fee: £13 per session



Tai Chi 18 & 24 Styles

Tutor: Ms. S C Wong

Date & Time: Thursdays & Fridays at 11am

Fee: £2 per session; Guests pay £3

Members Support Services

Our team is most happy to offer assistance with digital skills training, IT support, translation of documents, making telephone appointments or just having a chat.

<p>Lunch on Fridays</p>  <p>Date & Time: Fridays at 12:30pm Fee: £6.50 for Chinese-style lunch with soup; Guests pay £7.50</p>	<p>Chinese Mandarin (Pǔtōnghuà)</p> <p>Tutor: Edith Lau Date & Time: Thursdays, 1:15pm - 2:15pm Fee: £30 for 10 sessions</p>
<p>Chat-after-Lunch at the Centre</p> <p>Host: Revd Paul Lau Topic: Highlights and lowlights retrospective 2 Date & Time: Friday, 24 November at 1:15pm</p>	<p>Chat-after-Lunch (online)</p> <p>Host: Revd Paul Lau & Dr Ronald Lo Topic: To be confirmed Date & Time: Monday, 20 Nov at 2pm</p>
<p>Online Activities (on Zoom) - advanced booking is essential</p>	
<p>TCM Health Talk by Dr Qikan Yin</p> <p>Topic: What is “Yin” deficiency in TCM? How to restore yin balance? Date & Time: Wednesday, 6 December at 2pm Media: Online meeting</p>	<p>Health Talk by Dr Ronald Lo</p> <p>Topic: Vitamins Date & Time: Monday, 30 October at 10.30am Media: Online meeting</p>
<p>Chinese Painting (online)</p>  <p>Tutor: William Cai Dates & Time: Tuesdays, 1pm - 2pm from 7 November to 12 December Fee: £60 for 6 sessions</p>	<p>Ma Wang Dui Dao Yin Shu (馬王堆導引術) Qigong (Online)</p>  <p>Tutor: Ms. Shirley Ng Dates & Time: Sundays, 9:30am – 10:30am Fee: £10 for 5 sessions</p>
<p>Living in the UK Programme</p> <p>This program is designed for those who have recently moved to the UK from Hong Kong. It aims to support individuals and families and help them successfully integrate into their new communities.</p>  <p>Building Stronger Communities</p>	
<p>English Buddy Scheme (online) Through one-to-one practice with a native speaker, you will improve your spoken English, whether you are learning for professional growth, social networking, or cultural awareness. Suitable for learners with English abilities at an intermediate level or above.</p> <p>Dates & Time: To be arranged by the tutor and tutee Fee: £35 for 4 sessions</p>	
<p> New: Food for Our New Home (sponsored by the Greater London Authority) Between August 2023 to January 2024, fortnightly events will be held at the Centre with the new arrivals from Hong Kong in mind. Participants will come to socialise and meet new friends through sharing of meals and learning about food culture in the UK.</p> <p>Limited to 40 places per event. Advanced booking is necessary to secure a place.</p>	